



Thank you for registering your child for HORSE LOVER's day camp at Lutheranch. We can't wait to see you this summer. Here are some important details you need to know.

DAILY DROP OFF AND PICK UP

- Drop off and pick up will happen at the horse barn. Please use the 342 McGinnis Road, Tallapoosa, Georgia address. Follow the signs to the horse barn. Please DO NOT come to the McKenna Sandrock Retreat Center (2017 Saint James Way or 440 Salem Church Road).
- Drop off is between 8:00 and 8:30 am Monday-Friday. We will be doing a daily wellness check. Please do not leave until you have signed your child in and the wellness check is complete. Any medication your child needs during the day must be given to the counselor at check in.
- Check out is from 5:00-5:15 pm daily. We may ask for photo identification on check out and only names that are listed on the approved pick-up list will be allowed to pick your child up.
- If your camper needs to arrive late or check out early any day of camp, please let staff know on Monday morning so we can be prepared.
- We WILL have camp daily regardless of the weather. (We have a covered arena and a covered barn and lots of fun "rainy day" activities so please bring your child to camp each day regardless of the weather.)

FRIDAY PICK UP

We will have a special horse show on Friday afternoon at 4:00 p.m. and we invite family and friends to come and see what campers have learned during the week. After the horse show, you are invited to join us for BBQ and an all-camp closing program in the McKenna Sandrock Retreat Center. Our camp store will be open so you can purchase a t-shirt or a bandana or another special memory of your child's time at camp.

MEALS AND SNACKS

A sack lunch (sandwich, chips, fruit and vegetable and a dessert) or a cookout is provided every day. If you camper has special dietary needs, please indicate these on your registration form so we can be prepared to best serve your camper.

We will also take a "sno cone break" each afternoon and all campers will get a sno cone.

HEALTH FORMS

All campers must complete a health form with doctor's signature prior attending camp.

***Health forms and all waivers are due to camp by May 15, 2023. More information on this is on the last page of this packet.

If you registered online

- You may complete your health form online by logging back into your account and filling out the health form through our registration portal.
- You will then need to upload a copy of a signed physical from your child's

doctor. A signed copy is currently mandatory.

- Once you have submitted your online health form, you cannot make corrections to it. Please call our office when medical information changes for your camper.

If you registered over the phone or don't want to use the registration portal

- Visit lutheranch.org/camper-documents, download the Summer Camp Health Form. If you are reading this PDF online, [click here](#) to go straight to the form.
- To submit the form:
 - Scan and email to camperhealth@novusway.org
 - Or mail to NovusWay Registration, 2049 Upper Laurel Drive, Arden, NC 28704

Helpful Notes for Submitting Health Forms:

- A new health form is required for each year your child registers for camp.
- A physical exam within the last 12-18 months must be validated on the health form with a physician's signature or a physician-signed copy of the exam. A copy of a well-check visit is not acceptable unless electronically signed by a physician.
- If you completed an online health form last summer, your information will prefill for this summer. You only need to update it and submit a new doctor's physical.
- Please include immunization dates.
- Please keep a copy of the health form and any program waivers for your files.
- Per the American Camp Association guidelines, this form will be reviewed by our healthcare staff before your child arrives at camp

- We are unable to access physical exams from previous years readily. However, you may attach a copy of last year's physical dated within 12-18 months of this year's camp week.
- We cannot admit campers on opening day without a completed and signed health form.

If registering after May 15th, 2023, please submit your child's health form & waivers ASAP - at least two weeks before his/her camper week.

WHAT TO EXPECT

We will spend all morning, every morning at the barn with the horses. Each morning will include a mounted lesson and a ground lesson with the horses. Afternoon activities will include other camp fun such as crafts; swimming, fishing, and boating at the lake; daily Bible Study; hiking and outdoor education; creek stomping; games and songs; and more. We will have a short rest time (Flat on Back) every day after lunch. Campers can expect an approximately 1.5 hour mounted riding lesson each day. (This lesson includes time spent grooming and tacking horse and approximately one hour IN the saddle). Mounted lessons will be tailored to your child's ability and skill level. Beginners will be matched with a high school or adult volunteer to help them on the lead line as needed. More advanced riders will work on independent riding skills. Riders may ride English or Western depending on preference and what they are learning.

Watch our Lutheranch Facebook page for daily pictures of your camper enjoying all that camp has to offer!

The Daily Schedule (subject to change due to weather or camper needs) is as follows:

8:00-8:30 Check in and games at the barn picnic tables

8:30 Morning Devotion at barn picnic tables

9:00-12:00 Barn time including

- Grooming and tacking horse (half hour)
- Mounted riding lesson (1 hour)
- Ground lesson such as veterinary care, parts of a horse, saddle parts and care etc. (1 hour)
- Horse care such as stall cleaning, mixing feed and feeding horses, filling water buckets etc. (half hour)

12:00 Lunch at barn picnic tables

12:30 Flat on Back rest time in basement of Holy Trinity House

1:30 Bible Study with counselors

2:30 Exploring Camp (may include swimming and boating, archery, creek stomping, crafts, hiking, games etc.)

4:30 Return to barn, say goodbye to horses, help with PM horse care

5:00 Check out

DAILY PACKING LIST FOR HORSE LOVER'S DAY CAMP

***We suggest bringing it all in a backpack or tote bag and PLEASE LABEL ALL YOUR BELONGINGS

- Close toed shoes for riding (boots are recommended but not required)
- Long pants for riding
- Riding Helmet (or you can borrow one from Lutheranch)
- Shorts and tennis shoes to change into for afternoon activities (please no sandals)
- sunscreen and bug spray
- Bible
- Swimsuit or trunks and water shoes for the lake

- Beach towel
- Water bottle
- Raincoat or jacket and mud boots if weather looks yucky
- Blanket and pillow for rest time (optional and can be left at camp for the week and taken home on Friday)
- An extra pair of dry socks (It is amazing how quickly socks get wet at camp!)
- Camera (optional)

PLEASE DO NOT BRING

- Cell phones or other electronics
- Anything expensive that you don't want to get lost or broken
- Over the counter medications (we have a first aid kit)
- Soda, candy, or snacks (We provide plenty of food at lunch and sno-cones for a snack)
- Sandals or flip flops

We can't wait to see you!! If you have any questions, please don't hesitate to call or e-mail me at 404-583-4591 or gahrens@novusway.org.

See you soon,

Gretchen Ahrens

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Lutheranch Program Director