

Get Inspired!



# Luther Springs

Registration Office  
2409 Upper Laurel Dr, Arden, NC 28704  
828-209-6329 † fax 828-687-1600  
[registration@novusway.org](mailto:registration@novusway.org)

Camp Location  
264 Vause Lake Rd, Hawthorne, FL 32640  
727-415-9887  
[suem@fbsynod.org](mailto:suem@fbsynod.org)

[www.novusway.org](http://www.novusway.org)

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## Welcome to Summer Camp at Luther Springs!

We are excited your child is joining us this summer! They will discover the joys of camp and explore their faith in an outdoor setting. Camp activities may include: swimming, archery, campfires, canoeing, gaga ball, games, low ropes challenge course, hiking, age-appropriate crafts, Bible study and storytelling. Make sure to like our Facebook page, Luther Springs, where we will post pictures of our week together.

We strive to make the camp experience as happy and worry free as possible for both parent and camper. If your child is reluctant about camp, keep your conversations with him/her calm and encouraging. Show every confidence that it will be GREAT. (It's true!) Discuss any fears or worries your child has and help your child make a plan to address each one. Feel free to call us with any concerns. Below are some of the typical questions or concerns of parents and campers:

**Sunday Check-In** begins at 4:00 PM and ends at 5:30 PM. **We are unable to allow check-ins prior to 4:00 PM.** Upon arrival, please check-in at Kinports in the Kuehner Center, the last building after you drive through the gate. If campers must arrive after 5:30 PM, please advise us (number below) so we can have staff waiting for you.

**Check-Out** Check out is at 12:30 PM Friday, except Mini Camp Half Week which is Tuesday at 12:30 PM and Grands Campers which is Wednesday at 12:30 PM. Parents are invited to join campers for closing circle (11:00) & lunch (12:00). Children worry if parents are not on time. Please advise us (number below) if you will arrive after 1:00.

**Mail & Communication:** Campers LOVE getting mail! **Mail:** 264 Vause Lake Road, Hawthorne, FL 32640. Include camper's full name and post mail before Wednesday. **Email:** [LutherSpringsAssist@gmail.com](mailto:LutherSpringsAssist@gmail.com) include camper's name in the subject line. The best mail is cheerful and newsy – please save disappointing or upsetting news for when the camper returns and, while it is fine to mention that you miss them, make sure to follow up with your confidence that they are doing great and having fun. Please don't send gum, candy, or food. Mail is delivered at breakfast and dinner each day.

**Spending Money** The camp store stocks canteen items (candy, chips, Gatorade, ice-cream) t-shirts, sweatshirts, water bottles, hats, etc. Parents will turn in camper money during check-in and purchases will be debited from this money. Remaining money will be returned to parents at check-out. Parents can also make purchases during check-in and check-out.

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**Directions to Luther Springs:** Included in this packet is a map with directions. PLEASE DO NOT RELY ON GPS OR ONLINE MAP PROGRAM TO GET TO THE CAMP! They often will NOT direct you to the right place.

**Camper Health Form:** Please use the health form to share any needs, issues and delights about your child. Examples include: a divorce or death in the family, your child loves swimming, has a fear of water, is afraid of the dark, etc. If you have tips that will help us head off any behavioral issues, please be sure to share them. We want to provide great support for your child to have the best camp week possible.

**Health Care:** All staff are certified in First Aid & CPR. There is a licensed medical person at camp who will see every injured/sick child and who will oversee medication distribution. Campers may not keep any medication in their possession, including over-the-counter. Please send medications in the original container and complete a Medication Form. **We cannot deviate from the directions printed on the medication container, whether prescribed or over-the-counter, unless you attach a doctor's note authorizing the change, to the Medication Form.** Emergency medication (epi-pen, inhaler) will be carried by your camper's counselor.

**Illness and Medical Emergency Protocol:** In the event of a medical emergency, the medical liaison will take your child to one of the area's medical facilities. Should this be necessary, we will contact you as soon possible. Please complete your child's health form with the understanding that it may be used to deal with an emergency, as unlikely as that is. Make sure the information you provide is complete and accurate and all emergency contact information is current.

**Phone Calls:** Please understand that your camper will not call you. Calls home take away from the camp experience and often makes homesickness worse. If you would like to check on your camper, feel free to contact me at: [suem@fbsynod.org](mailto:suem@fbsynod.org) or phone: 727-415-9887.

**Unplugging:** One of the biggest gifts of outdoor ministry is being away from technology: TV, computers, video games and cell phones. The single biggest reason camp experiences are so intense and transformational is that we are away from such distractions. Please speak with your child about this policy before you leave for camp and make sure they do not have any electronic devices with them.

**Lost & Found** Luther Springs is not responsible for a camper's lost or damaged personal items. Please do not send clothing or items that are expensive or irreplaceable. If your item is found, we will ship to you via USPS and ask that you send reimbursement for the cost of postage. Any items unclaimed by September 1<sup>st</sup> will be given to local charities.

Should you have any other questions regarding the program or the camp itself, please do not hesitate to contact me at 727-415-9887 or [suem@fbsynod.org](mailto:suem@fbsynod.org). If you have any questions pertaining to registration, please contact the registration office at [registration@novusway.org](mailto:registration@novusway.org) or 828-209-6301.

In Christ,

  
Susan C. Mendenhall, ELCA Deacon  
Luther Springs Program Director  
NovusWay Ministries

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# Summer 2019 Health Form Information

**Camper Health Forms & Waivers are due by May 15, 2019\*. There are now digital forms online through online registration.**

## Where to find a health form:

- If you registered online, you may log back in to your account and fill out the health form through our registration portal and then simply upload a copy of the doctor's physical to your account as well.
  - If you filled out a health form online last year your information will pre-fill and you just need to update it.
- Visit [www.luthersprings.org](http://www.luthersprings.org)
  - Select Summer Camp (Luther Springs)
  - Select the age group (Grade, Middle or High School)
  - Scroll to the very bottom of the page and select REGISTRATION INFORMATION
  - Scroll to the bottom of this page and the form is found under General Information
- Or contact the Registration Office at [registration@novusway.org](mailto:registration@novusway.org) or call 828-209-6301 to request a paper form.

## How to submit your child's health form & waivers:

- Scan and email to: [camperhealth@novusway.org](mailto:camperhealth@novusway.org)
- Fax to: **828-687-1600**
- Or mail to: NovusWay Registration, 2049 Upper laurel Drive, Arden, NC 28704

## Helpful Notes for Submitting Health Forms:

- A new health form is required for each year your child registers for camp.
- A physical exam within the last **12 months** must be validated on the health form with a physician's signature or a physician-signed copy of the exam.
- If you completed an online health form last year your information will prefill for this summer and you only need to update it and submit a new doctor's physical.
- Please include immunization dates.
- Please keep a copy of the health form and any program waivers for your files.
- Per guidelines of the American Camp Association, this form will be reviewed by our health care staff prior to your child arriving at camp.
- We are unable to readily access physical exams from previous year's, however you may attach a copy of last year's physical if it is dated within **12 months** of this year's camp week.
- Campers cannot be admitted on opening day without a completed and signed health form.

***\*If registering after May 15, 2019, please submit your child's health form & waivers at least two weeks prior to his/her camper week.***

A licensed nurse or EMT is in residence at Luther Springs during the summer. All Luther Springs staff members are First Aid & CPR certified.

# GENERAL INFORMATION



## Packing List for Luther Springs

- Sleeping bag & pillow
- 2-3 towels & washcloths
- Soap, shampoo, brush, comb
- Toothpaste & toothbrush
- Light jacket/sweatshirt
- Raincoat or poncho (& head cover)
- Shoes—2 pairs: sneakers with treads or closed-toe shoes that can get wet.  
**Closed-toe shoes are required for canoeing.** Shoes will likely get dirty and wet!
- Shower shoes or flip flops
- Sturdy clothes that can get dirty or wet
- Long pants (1 pair)
- Swimsuits (2)
- Cards, book, etc. for rest times
- Bible, notebook, pen or pencil
- Flashlight
- Water bottle (refillable)
- Insect repellent (mosquitos, tics)
- Sunscreen
- Plastic trash bag (wet/damp clothing, towels)
- Camera that is not a cell phone (optional)

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### Additional Notes for our Adventure & Disaster Response Programs

- Hair ties for long hair (all programs– required for ziplining)
- Shorts to the knee or long pants (horseback)
- Helmet (Horseback – optional)
- Work gloves (Disaster Response)
- Snorkeling gear (Disaster Response – optional)

#### Helpful Packing Hints:

- ✓ **Please do not over-pack! Storage space in camper housing is limited.**
- ✓ **Write your child's name on each article of clothing, towels, hats, etc.**
- ✓ **Please make certain clothes are in good taste. Shorts should not be too short, and T-shirts should not contain inappropriate language or symbols. Swimsuits must be modest. Campers may be asked to change/cover up if clothing is deemed inappropriate.**

### What Not to Bring

Alcoholic beverages, tobacco, and drugs (not prescribed by a physician). Violation of this policy results in immediate dismissal. Transportation home will be at the expense of the parent/guardian. Do not bring cell phones, food (snacks, gum, candy, or drinks), knives, firecrackers, or similar items to camp. Leave hair dryers, curling irons, iPods, MP3 or any other electronic items at home. Weapons of any kind are not allowed.

## **DIRECTIONS TO LUTHER SPRINGS**

***Do not follow a GPS or use directions obtained on-line once you leave the interstate.***

**From Southwest:** take I-75 north to exit 358 just North of Ocala, turn right on to Hwy 326 for 2.5 miles, turn left onto Hwy 301 for 15 miles, turn right onto Hwy 318E for 12.3 miles, turn left on to Co Rd 315, stay left at the fork on CR 21, continue for 5.4 miles, turn left onto Vause Lake Road and follow the signs on the road to entrance on right.

**From Southeast:** Take I-95 North to exit 268, turn left onto FL-40, 58 miles to right on Co Rd 315 (flashing yellow light), north for 22 miles, veer left at fork onto Co. Rd 21 for 5.4 miles, turn left onto Vause Lake Rd and follow the signs on the road to entrance on the right.

**From Northwest:** Take I-75 South to exit 399, turn left onto MLK/SR 20 for 46.2 miles, turn right at the light onto Co Rd 20A for 3.8 miles, turn right at the stop sign onto Co Rd 21, for 1.3 miles turn right onto Vause Lake Rd and follow the signs on the road to entrance on the right.

**From Northeast:** Take I-95 S to exit 311 (CR 207), travel 19.4 miles to East Palatka, turn right on Hwy 20 for 27.3 miles, turn left on CR 21 for 3.4 miles, then right on Vause Lake Road. Follow signs on the road to camp entrance on the right.